



# May 2019 Menu



|          | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|----------|---|---|--|--|--|
|          | 29-Apr  | 30-Apr  | 1  | 2  | 3  |
| AM Snack | <b>Milk Served At Lunch</b>   |   | Kix Cereal   | Yogurt & Nut-Free Granola  | Belvita Crackers   |
| Lunch    |   |   | French Toast Sticks with Syrup, Pork Sausage Patties, Applesauce | Cheeseburgers on Whole Wheat Buns, Green Beans, Bananas                        | Chicken Nuggets, Corn, Diced Apples                                      |
| PM Snack |   |   | Hummus & Pita Bread  | Corn Chips & Salsa   | Muffins  |
| AS Snack |   |   | Cook's Choice  | Cook's Choice  | Cook's Choice  |
|          | 6   | 7   | 8  | 9  | 10   |
| AM Snack | Fruit & Yogurt Smoothie   | English Muffins & Jam                                     | Cheerios   | Oatmeal & Fruit  | Bagels & Cream Cheese  |
| Lunch    | Tacos with Beef & Black Beans, Watermelon                                 | Cheese-Stuffed Pasta, Green Beans, Mandarin Oranges       | Teriyaki Chicken, Rice, Peas, Diced Pineapple                    | Breaded Chicken Patty Sandwiches on Whole Wheat Buns, Salad, Diced Apples      | Fish Sticks, Corn, Bananas   |
| PM Snack | Nut-Free Trail Mix  | Corn Chips & Salsa  | Hummus & Pita Bread  | Cheese & Whole Wheat Crackers  | Fruit Salad  |
| AS Snack | Cook's Choice   | Cook's Choice   | Cook's Choice  | Cook's Choice  | Cook's Choice  |
|          | 13  | 14  | 15   | 16   | 17   |
| AM Snack | Cinnamon Toast  | Belvita Crackers  | Whole Grain Waffles  | Cottage Cheese & Fruit   | Yogurt & Nut-Free Granola  |
| Lunch    | Pasta with Tomato Sauce & Mozzarella, Glazed Carrots, Mandarin Oranges    | Chicken Noodle Soup, Cornbread, Green Beans, Fresh Fruit  | Turkey & Cheese Croissant Sandwiches, Corn, Bananas              | Macaroni & Cheese, Peas, Diced Apples  | English Muffin Pizzas, Salad, Diced Pears                                |
| PM Snack | Whole Wheat Crackers & Cream Cheese                                       | Hummus & Pita Bread                                       | Rice Cakes & Strawberry Cream Cheese                             | Graham Crackers & Applesauce   | Cheese & Whole Wheat Crackers  |
| AS Snack | Cook's Choice   | Cook's Choice   | Cook's Choice  | Cook's Choice  | Cook's Choice  |
|          | 20  | 21  | 22   | 23   | 24   |
| AM Snack | Oatmeal & Fruit   | Muffins   | Biscuits & Jam   | Kix Cereal   | School Closed  |
| Lunch    | Turkey & Cheese Sandwiches on Whole Wheat Bread, Green Beans, Fresh Fruit | Beef & Tomato Macaroni Casserole, Glazed Carrots, Bananas | Bean & Cheese Burritos, Corn, Mandarin Oranges                   | Spaghetti with Meat Sauce & Parmesan Cheese, Garlic Bread, Salad, Diced Apples |  |
| PM Snack | Graham Crackers & Applesauce  | Cheese & Whole Wheat Crackers                             | Diced Apples & Sun Butter  | Corn Chips & Salsa   |  |
| AS Snack | Cook's Choice   | Cook's Choice   | Cook's Choice  | Cook's Choice  |  |
|          | 27  | 28  | 29   | 30   | 31   |
| AM Snack | School Closed   | Belvita Crackers  | Fruit & Yogurt Smoothie  | Cheerios   | Bagels & Cream Cheese  |
| Lunch    |   | Ham & Cheese Rollups, Corn, Diced Apples                  | Sloppy Joes on Whole Wheat Buns, Peas, Diced Peaches             | Meatless Lasagna, Salad, Mandarin Oranges                                      | Sun Butter & Jelly Sandwiches on Whole Wheat Bread, Green Beans, Bananas |
| PM Snack |   | Nut-Free Trail Mix  | Diced Apples & Sun Butter  | Rice Cakes & Strawberry Cream Cheese   | Fruit Salad  |
| AS Snack |   | Cook's Choice   | Cook's Choice  | Cook's Choice  | Cook's Choice  |