

July News Touchstone School

Kids Helping Kids

This month we will be joining our two other Touchstone schools in a give back to the community project.

For the month of July we will be collecting toiletries, socks, and underwear. These should be specifically for children ranging from 0 to 12 years old.

On Friday, July 19th the students and teachers are encouraged to wear crazy socks to support this event.

Water Play

Every Monday, please bring suit/towel/water shoes for water play. Each class will choose to do water play on the warmest day of the week. We ask that you bring these items on Monday so they are not forgotten. We will only have one water day per week. So after that day please take home the wet items to wash and have ready for



Top Priority

- **NO NUTS !** We are a nut free school
- Weather appropriate clothing, sunscreen, and water bottles
- Make checks payable to Touchstone School



Important Dates

July 3– Red, white, and blue dress up day

July 4– NO Camp

July 11– Bricks & Mini-figs

**July 19– Crazy Sock Day
(Kids Helping Kids)**

July 23– Visit from TVFR



Touchstone School

Summer Camp

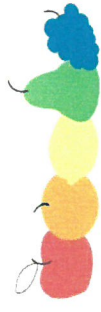
July 2019

Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday
1 Let's Get Growing! 	2 Provide: Towel, Swimsuit, water shoes, water bottle, nap bag for the week	3 Dress Up Day!! Wear: Red, and Blue	4 No Camp July 4th Holiday	5	
8 Build it Together 	9 Provide: Towel, Swimsuit, water shoes, water bottle, nap bag for the week	10 Please bring in cardboard boxes	11 Bricks and Mini Figs 9:30 am -11:-00 am	12	
15 Good Sport 	16 Provide: Towel, Swimsuit, water shoes, water bottle, nap bag for the week	17 Bring in items for Kids Helping Kids List located at the front Desk	18	19 Crazy Sock Day (Please bring in toiletry donations, for Kids Helping Kids)	
22 Ready Set Go! 	23 Provide: Towel, Swimsuit, water shoes, water bottle, nap bag for the week	24 TVFR Visit 9:30 am – 10:00 am	25	26	
29 Hometown Helpers 	30 Provide: Towel, Swimsuit, water shoes, water bottle, nap bag for the week	31	1	2 	

Calendar is subject to change.



July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1	2	3	4	5
Lunch	Nutrigrain Bars	Cereal & Milk	Yogurt & Fruit	No School	Muffins
PM Snack	Chicken Noodle Soup, Whole Wheat Roll, Peaches, Broccoli	Mini Cheese Pizzas, Mandarin Oranges, Salad	Bean & Cheese Burritos, Orange Slices, Corn	Holiday	SunButter & Jelly Sandwiches, Carrot Sticks, Banana
AM Snack	8	9	10	11	12
Lunch	Yogurt & Graham Crackers	Apple Slices & SunButter	Nut-Free Trail Mix	Rice Cakes & Cream Cheese	Crackers & Water
PM Snack	Noodles & Meatballs, Apples, Cooked Mixed Veggies	Nutrigrain Bars	Sunbutter & Diced Apples	Rotini Pasta with Chicken, Green Beans, Applesauce	Muffins
AM Snack	15	16	17	18	19
Lunch	Goldfish & Cheese	Teriyaki Chicken, Rice, Peas, Orange Slices	Cheese Pizza, Salad, Pears	Tortilla Chips & Salsa	Ham & Cheese Sandwiches, Carrot Sticks, Orange Slices
PM Snack	Belvita Bars	Teddy Grahams & Applesauce	Veggie Straws & Ham Cubes	Yogurt & Animal Crackers	Nut-Free Trail Mix
AM Snack	22	23	24	25	26
Lunch	Taco Salad, Black Beans, Apricots	English Muffins & Jam	Applesauce & Graham Crackers	Yogurt & Animal Crackers	Muffins
PM Snack	Orange Slices & Animal Crackers	Quesadillas, Corn, Pineapple	Chicken with Rice Pilaf, Broccoli, Banana	Cheese Ravioli, Salad, Orange Slices	Grilled Cheese Sandwiches, Carrots, Watermelon
AM Snack	29	30	31		
Lunch	Rice Cakes, Oranges	Wheat Crackers & Cheese Cubes	Apple Slices & SunButter	Hummus & Wheat Crackers	Fruit Salad
PM Snack	BBQ Chicken, Rice, Carrots, Pineapple	Cereal & Milk	Yogurt & Granola	Toast & Strawberries	Nutrigrain Bars
AM Snack	Cornbread	Fish Sticks, Coleslaw, Watermelon	Ham & Cheese Rollups, Cherry Tomatoes, Banana	Mac & Cheese Casserole, Peas, Cantaloupe	Chicken Patty with Bun, Green Beans, Pears
Lunch	Cereal & Milk	Ritz Crackers & Cheese	Nut-Free Trail Mix	Applesauce & Graham Crackers	Fruit Salad
PM Snack	SunButter & Jelly Sandwiches, Green Beans, Oranges Slices	Sloppy Joes, Carrots, Pineapple	Cinnamon Toast & Banana		
AM Snack	Muffins	Crackers & Cheese	Tortilla Chips & Salsa		



Dear Parents,

Please welcome Ms. Erika and Ms. Amy to Touchstone School Tigard!!

A little bit about Ms. Erika: She has been a teacher with Touchstone since 2017, at our Hillsboro school. We are all very excited to have her join the Tigard Team. She will be the Beginner Co-Teacher with Ms. Amy. Ms. Erika loves teaching the beginner class, and all the milestones she gets to experience with them. She is an Oregon native that loves hiking, and kayaking with her family.

A little bit about Ms. Amy: She has been working in early childhood education for 20 years. She loves working with the Beginner students because, this age is always excited about their accomplishments and so proud of their self-help skills. Ms. Amy has completed her CDA (Child Development Associate) Credential. She is also an Oregon native: she loves camping, hiking and spending time with her family.

