



# September Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Blueberry Muffins & Milk	2 Granola Bars & Bananas	3 Oatmeal & Berries
Lunch			Ham & Cheese Sandwiches, Cucumbers, Oranges	Chicken Nuggets, Carrots, Pineapple	Spaghetti, Peas/Carrots, Pears
PM Snack			Goldfish & Bananas	Oranges & Crackers	Apple Slices & Wheat Thins
AM Snack	6 <b>No School</b>	7 Cereal & Milk	8 Nutri- Grain Bars & Milk	9 Raisin Bread & Bananas	10 Biscuits, Turkey Sausage
Lunch	<b>Labor Day</b>	Sun Butter & Jelly, Carrots, Peaches	Mac & Cheese, Broccoli, Watermelon	Chicken Noodle Soup, Apples, Saltines	Chicken & Cheese Quesadillas, Corn, Oranges
PM Snack		Oranges & Crackers	Hummus, Cucumbers & Carrots	Cranberries & Ritz	Appl Slices & Crackers
AM Snack	13 Cereal & Milk	14 Oatmeal Blueberries	15 Rice Cakes & Sun Butters	16 Bagels & Cream Cheese	17 Banana Muffins & Milk
Lunch	Fish Sticks, Green Beans, Mandarin Oranges	Turkey Cheese Sandwiches, Carrots, Bananas	Spaghetti, Salad, Cantaloupe, Garlic Bread	Teriyaki Chicken, Mixed Veggies, Pineapple, Rice	Penne Pasta, Chicken, Corn, Apricots
PM Snack	Applesauce & Graham Crackers	Fig Newtons	Raisin & Crackers	Bananas & Vanilla Wafers	Pretzels & Cheese Slices
AM Snack	20 Panckaes & Mixed Berries	21 Cereal & Milk	22 Cottage Cheese & Fruit Cocktail	23 Granola Bars & Bananas	24 Yogurt & Granola
Lunch	Chicken Nuggets, Cucumbers, Pears	Sun Butter & Jelly Sandwiches, Bananas, Carrots	Chicken Noodle Soup, Rolls, Oranges	Cheese Tortellini, Alfredo Sauce, Salad, Peaches	Cheese Pizza, Cucumbers, Bananas
PM Snack	Cheez It's & Fruit	Raisins & Pretzels	Apple Slices & Crackers	Orange Slices & Crackers	Goldfish & Apple Slices
AM Snack	27 Smoothies & Graham Crackers	28 Nutri- Grain Bars & Milk	29 Waffles & Applesauce	30 Oatmeal & Blueberries	
Lunch	Hamburgers, Cucumbers, Peaches	Tomato Soup, Grilled Cheese, Pears	Pasta, Meatballs, Broccoli, Mandarin Oranges	Fish Stricks, Peas/Carrots, Bananas	
PM Snack	Gardettos Snack Mix	Pirates Booty & Fruit	Bananas & Animal Crackers	Apple Cinnamon Snack Bars	