



# January Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	Nutri- Grain Bars & Milk <sup>3</sup>	Yogurt & Granola <sup>4</sup>	Oatmeal & Blueberries <sup>5</sup>	Cereal & Milk <sup>6</sup>	Pancakes & Bananas <sup>7</sup>
<b>Lunch</b>	Cheese Pizza, Mixed veggies, Pears	Sun Butter & Jelly Sandwiches, Cucumbers, Tropical Fruit	Spaghetti, Broccoli, Apricots	Meatballs, Butter Noodles, Mixed Veggies, Pineapple	Tomato Soup, Grilled Cheese, Pears
<b>PM Snack</b>	Cranberries & Animal Crackers	Chex Mix & Carrots	Cheese Slices & Crackers	Cream Cheese & Wheat Thins	Annie's Graham Bunnies
<b>AM Snack</b>	Blueberry Muffins <sup>10</sup>	Cereal & Milk <sup>11</sup>	Biscuits & Sausage <sup>12</sup>	Bagels & Cream Cheese <sup>13</sup>	Nutri- Grain Bars & Milk <sup>14</sup>
<b>Lunch</b>	Chicken Nuggets, Green Beans, Peaches	Ham Sandwiches, Carrots, Apple Slices	Cheese tortellini, Green Beans, Apricots	Corn Dogs, Cooked Carrots, Apple Slices	Chicken Noodle Soup, Fruit Cocktail, Crackers
<b>PM Snack</b>	Apple Slices & Crackers	String Cheese & Crackers	Goldfish & Cucumbers	Sun Butter & Granola Bars	Vanilla Wafers & Bananas
<b>AM Snack</b>	<b>No School</b> <sup>17</sup>	Yogurt & Granola <sup>18</sup>	Banana Muffins <sup>19</sup>	Cereal & Milk <sup>20</sup>	Pancakes & Berries <sup>21</sup>
<b>Lunch</b>	<b>MLK Day</b>	Turkey & Cheese Sandwiches, Cucumbers, Mandarin Oranges	Teriyaki Chicken, Rice, Broccoli, Pineapple	Mac & Cheese, Cooked Carrots, Apple Slices	Chicken Strips, California Blend Veggies, Bananas
<b>PM Snack</b>		Cheez It's & Fruit	Cheddar Rice Cakes & Cranberries	Bananas & Graham Crackers	Dried Mixed Fruit & Crackers
<b>AM Snack</b>	Biscuits & Sausage <sup>24</sup>	Cereal & Milk <sup>25</sup>	Waffles & Applesauce <sup>26</sup>	Blueberry Muffins & Milk <sup>27</sup>	Nutri Grain Bars, Bananas & Milk <sup>28</sup>
<b>Lunch</b>	Chicken & Cheese Quesadilla, Corn, Tropical Fruit Mix	Sun Butter & Jelly Sandwiches, Carrots, Pears	Cheese Raviolis, Mixed veggies, Mandarin Oranges	Corn Dogs, Corn, Apple Slices	Hamburgers, Carrots, Fruit Cocktail
<b>PM Snack</b>	Chex Mix	Granola Bars & Fruit	Bananas & Graham Crackers	Pretzels, Cucumbers & Cream Cheese	Sun Butter Rice Cakes & Apple Slices
<b>AM Snack</b>	Banana Muffins <sup>30</sup>	Cereal & Milk <sup>31</sup>			
<b>Lunch</b>	Chicken Noodle Soup, Fruit Cocktail & Peaches	Cheese Pizza, Green Beans, Pineapple			
<b>PM Snack</b>	String cheese & Wheat Thins	Dried Apricots & Crackers			